2020 Federal Exempt Organization Tax Summary						
	Sea Chang	e Yoga		81-3547718		
DEVENUE		2020	2019	Diff		
Program servi	and grantsce revenue	188,031 20,329 -4,396	179,227 29,069 -8,743	8,804 -8,740 4,347		
Total revenue		203,964	199,553	4,411		
Salaries, oth	milar amounts paider compen., emp. benefits	0 92,037 63,193	1,500 74,062 76,010	-1,500 17,975 -12,817		
Total expense	s	155,230	151,572	3,658		
Revenue less Total assets Total liabili	FUND BALANCES expenses at end of year ties at end of year nd balances at end of year	48,734 204,152 13,910 190,242	47,981 141,508 0 141,508	753 62,644 13,910 48,734		

1	n	1	^
Z	u	Z	u

General Information

Page 1

Sea Change Yoga

81-3547718

Forms needed for this return

Federal: 990, Sch A, Sch B, Sch G, Sch O, 8868

Carryovers to 2021

None

Form **8879-EO**

IRS e-file Signature Authorization for an Exempt Organization For calendar year 2020, or fiscal year beginning _______, 2020, and ending ______

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service		► Do not send t ► Go to www.irs.gov/	o the IRS. Keep for Form8879EO for th	-		2020
Name of exempt organization or per	rson subject to ta	ax			Taxpayer id	dentification number
Sea Change Yoga Name and title of officer or person s	subject to tax				81-35	47718
Melea Nalli			Pre	sident		
Part I Type of Retui	rn and Ref	turn Information (W				
Check the box for the retur check the box on line 1a, 2 leave line 1b, 2b, 3b, 4b, 5 the applicable line below.	2a, 3a, 4a, 5a b, 6b, or 7b,	a, 6a, or 7a below, and th whichever is applicable,	e amount on that li blank (do not ente	ine for the return bei	na filed with th	nis form was blank, then
1 a Form 990 check here	2 × X	b Total revenue, if any	(Form 990, Part VI	III, column (A), line 1	12)	1b 203,964.
2 a Form 990-EZ check h	nere▶					2b
3 a Form 1120-POL chec	k here	b Total tax (For	m 1120-POL, line 2	· 22)		3 b
4 a Form 990-PF check h	nere ▶			orm 990-PF, Part VI		4 b
5 a Form 8868 check her	re ▶	b Balance due (Form 8	•		•	5 b
6 a Form 990-T check he	ere ►	b Total tax (Form 990-T	, Part III, line 4)			6 b
7 a Form 4720 check her	re ▶	b Total tax (Form 4720,	Part III, line 1)			7 b
Part II Declaration a	nd Signat	ture Authorization o	f Officer or Per	son Subject to T	'av	
Under penalties of perjury, I (name of organization)	declare triat	A i am an onicer of	the above organiza		erson subject (EIN)	to tax with respect to
electronic return. I consent IRS and to receive from the processing the return or refur initiate an electronic funds wi of the federal taxes owed of U.S. Treasury Financial Agfinancial institutions involve inquiries and resolve issue return and, if applicable, the	e IRS (a) an and, and, and (c) the ithdrawal (dire on this return gent at 1-888 and in the proserved to the intervences related to the intervences.	acknowledgement of rece date of any refund. If apprect debit) entry to the finant, and the financial institus. 3-353-4537 no later than accessing of the electronic the payment. I have sele	eipt or reason for rolicable, I authorize to cial institution accountion to debit the election to debit the election to debit the election account of taxes cted a personal ide	rejection of the transithe U.S. Treasury and unt indicated in the taxintry to this account. ior to the payment (sto receive confidential)	mission, (b) th its designated land of preparation so To revoke a parattlement) data al information	e reason for any delay in Financial Agent to offware for payment ayment, I must contact the e. I also authorize the necessary to answer
PIN: check one box only						
X I authorize JTB &	Associat	tes, LLC ERO firm name		to enter my PIN	5763 Enter five num do not enter a	nbers, but
on the tax year 2020 elec (ies) regulating charitie disclosure consent scre	es as part of	ed return. If I have indicated the IRS Fed/State progra	d within this return tham, I also authorize	nat a copy of the return the aforementioned	n is being filed	with a state agency
electronically filed return	rn. If I have i	ax with respect to the orgindicated within this retu ate program, I will enter r	rn that a copy of th	e return is being file	d with a state	tax year 2020 agency(ies) regulating
Signature of officer or person subject	ct to tax 🕨 _			Dat	te ►	
Part III Certification	and Authe	entication				
ERO's EFIN/PIN. Enter you			on			
number (EFIN) followed by	your five-di	igit self-selected PIN				01180215112 Do not enter all zeros
I certify that the above nume I am submitting this return in Providers for Business Ret	accordance w					
ERO's signature ► <u>Terry</u>	y A Walk	er-Brown		Date ►		
		EDO Music Pate	ain This Form – Se	o Instructions		

Do Not Submit This Form to the IRS Unless Requested To Do So

Form **8868**

Department of the Treasury Internal Revenue Service Application for Automatic Extension of Time To File an Exempt Organization Return

► File a separate application for each return. ► Go to www.irs.gov/Form8868 for the latest information. OMB No. 1545-0047

Electronic filing (e-file). You can electronically file Form 8868 to request a 6-month automatic extension of time to file any of the forms listed below with the exception of Form 8870, Information Return for Transfers Associated With Certain Personal Benefit Contracts, for which an extension request must be sent to the IRS in paper format (see instructions). For more details on the electronic filing of this form, visit www.irs.gov/e-file-providers/e-file-for-charities-and-non-profits.

Automatic 6-Month Extension of Time. Only s	submit origin	al (no copies needed).					
All corporations required to file an income tax return other			s, REN	MICs, and t	rusts must		
use Form 7004 to request an extension of time to file inc Name of exempt organization or other filer, see instruction		5.	Taxpay	ver identification	n number (TIN)		
Type or							
Sea Change Yoga 81-3547718							
File by the Number, street, and room or suite number. If a P.O. box, s	Number, street, and room or suite number. If a P.O. box, see instructions.						
due date for filing your PO Box 8135							
return. See instructions. City, town or post office, state, and ZIP code. For a foreign	n address, see instru	actions.					
Portland, ME 04104							
Enter the Return Code for the return that this application	is for (file a se	parate application for each return)			01		
Application Is For	Return Code	Application			Return Code		
		Is For			07		
Form 990 or Form 990-EZ Form 990-BL	01	Form 990-T (corporation) Form 1041-A			07		
Form 4720 (individual)	03	Form 4720 (other than individual)			09		
Form 990-PF	03	Form 5227			10		
Form 990-T (section 401(a) or 408(a) trust)	05	Form 6069					
Form 990-T (trust other than above)	06	Form 8870			11		
Telephone No. ► 207-856-6685 If the organization does not have an office or place or If this is for a Group Return, enter the organization's check this box ► . If it is for part of the group the organization is for	four digit Group	e United States, check this box	this is				
 the extension is for. I request an automatic 6-month extension of time until for the organization named above. The extension is 	11/15_ for the organiz	, 20 <u>21</u> _, to file the exempt organization's return for:	zation ı	return			
► X calendar year 20 20 or	1 1	00					
tax year beginning, 20 _							
2 If the tax year entered in line 1 is for less than 12 n Change in accounting period	nonths, check r	eason: Initial return Fir	nal retu	rn			
3a If this application is for Forms 990-BL, 990-PF, 990 nonrefundable credits. See instructions			3 a	\$	0.		
b If this application is for Forms 990-PF, 990-T, 4720, tax payments made. Include any prior year overpay			3 b	\$	0.		
c Balance due. Subtract line 3b from line 3a. Include EFTPS (Electronic Federal Tax Payment System).	your payment of See instructions	with this form, if required, by using	3 c	\$	0.		
Caution: If you are going to make an electronic funds wit payment instructions.	thdrawal (direct	debit) with this Form 8868, see Form 84	153-EO	and Form	8879-EO for		

BAA For Privacy Act and Paperwork Reduction Act Notice, see instructions.

Form **8868** (Rev. 1-2020)

Form **990**

Return of Organization Exempt From Income Tax

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

▶ Do not enter social security numbers on this form as it may be made public.
 ▶ Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

Α	For tr	ie 2020 caien	dar year, or tax year begir	nning	, 2020,	and ending			,	20	
В	Check i	f applicable:	С				D	Employ	er identi	fication number	
	Ad	ldress change	Sea Change Yoga					81-3	3547	718	
	Na	ime change	PO Box 8135				Ε	Telepho			
		tial return	Portland, ME 041	.04				207	200.	-3896	
	-	al return/terminated					-	207	200	3070	
										2 011	227
	-	nended return	F	1 6		T ₁	(a) Is this a gro	Gross re			<u>, 237.</u>
	Ap	plication pending	F Name and address of principa	al officer:			.,	•		103	
			Same As C Above		ı	"	(b) Are all subd If "No," atta	ordinates ich a list.	See ins	1? Yes tructions	No
	Tax-	exempt status:	X 501(c)(3) 501(c) ()◀ (insert no.)	4947(a)(1) or	527					
J	Wel	osite: ► ww	w.seachangeyoga.	org		н	(c) Group exen	nption nu	mber >	•	
K	Form	of organization:	X Corporation Trust	Association Other ►	LY	ear of formation	ր։ 2016	M s	tate of le	egal domicile: ME	1
Pa	art I	Summar	у								
	1	Briefly descri	be the organization's miss	sion or most significant ac	tivities:Sea	Change	Yoga cu:	rren	tly 1	has 17 tr	auma
a)			yoga classes a								
Activities & Governance		Androsco	ggin Counties s	erving over 100	students	s per we	eek.				
Ë											
Š	2	Check this bo	ox ► if the organization	on discontinued its operat	ions or dispo	osed of mor	e than 25%	of its	net as:	sets.	
Ğ	3		oting members of the gove						3		10
യ	4		dependent voting member						4		0
ı≘	5		of individuals employed in						5		3
흦	6		of volunteers (estimate if						6		0
ĕ			ed business revenue from						7a		0.
	b	Net unrelated	business taxable income	from Form 990-1, Part I,	line 11				7b		0.
	_	0 1 11 11		415				Year		Current Y	
<u>o</u>			and grants (Part VIII, line					79,2			,031.
Revenue			vice revenue (Part VIII, line					29,0	69.	20	,329.
ě			ncome (Part VIII, column (•							
ш			e (Part VIII, column (A), li					-8,7			,396.
			e – add lines 8 through 11			-	1	.99,5		203	,964.
			imilar amounts paid (Part					1,5	00.		
			to or for members (Part I								
S	15	Salaries, other	er compensation, employe	e benefits (Part IX, colun	nn (A), lines	5-10)		74,0	62.	92	,037.
Jse	16 a	Professional	fundraising fees (Part IX,	column (A), line 11e)							
Expenses	b	Total fundrais	sing expenses (Part IX, co	lumn (D), line 25) ►		7,976.					
ŭ	17		ses (Part IX, column (A), li					76,0	10	63	,193.
			es. Add lines 13-17 (must	<u>-</u>				51,5			,230.
			es. Add fines 15 17 (mast sexpenses. Subtract line 1								
		Revenue less	expenses. Subtract line i	16 110111 111110 12				47,9			<u>,</u> 734.
is or	20	Total accets	(Part X, line 16)				Beginning of			End of Ye	
39e	20 21		es (Part X, line 26)					41,5	08.		,152. ,910.
Net Assets Fund Baland	21		•								•
			fund balances. Subtract I	ine 21 from line 20			1	41,5	08.	190	,242.
Pa	art II	Signatur	e Block								
Und	er penalt	ties of perjury, I de	eclare that I have examined this returner (other than officer) is based on	turn, including accompanying sche	dules and statem	nents, and to th	e best of my kn	owledge	and beli	ef, it is true, correc	t, and
-	picto. De	I.	irer (other than officer) is based on	an intermedent of which propercy	nas any knowled	.gc.					
		Signatu	re of officer				Date				
Sig	gn	Signatu	Te of officer								
He	ere		ea Nalli				Preside	ent			
			print name and title								
		Print/Type p	preparer's name	Preparer's signature		Date	Che	eck 2	<u>.</u> "	PTIN	
Pa			A Walker-Brown	Terry A Walker-	-Brown		self	-employe	ed	P00615112	ı
Pr	epare	Firm's name	JTB & Associ	ates, LLC							
Us	e On	ly Firm's addre	ess ► 26 Sturbridg	e Lane			Firn	n's EIN 🎙	81-	-4631132	
			Cumberland,				Pho	ne no.		351-0047	
Ma	y the I	RS discuss th	is return with the preparer		uctions					X Yes	No

) (Revenue \$

including grants of

4 d Other program services (Describe on Schedule O.)

(Expenses

Form 990 (2020) Sea Change Yoga Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If 'Yes,' complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors See instructions?	2	Χ	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? <i>If 'Yes,' complete Schedule C, Part l</i>	3		Х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If 'Yes,' complete Schedule C, Part II	4		Х
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If 'Yes,' complete Schedule C, Part III	5		Х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If 'Yes,' complete Schedule D, Part I	6		Х
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? <i>If 'Yes,' complete Schedule D, Part II</i>	7		Х
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If 'Yes,' complete Schedule D, Part III.	8		Х
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? <i>If 'Yes,' complete Schedule D, Part IV</i>	9		Х
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments or in quasi endowments? If 'Yes,' complete Schedule D, Part V	10		Х
11	If the organization's answer to any of the following questions is 'Yes', then complete Schedule D, Parts VI, VIII, IX, or X as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If 'Yes,' complete Schedule D, Part VI	11 a		Х
t	Did the organization report an amount for investments – other securities in Part X, line 12, that is 5% or more of its total assets reported in Part X, line 16? If 'Yes,' complete Schedule D, Part VII.	11 b		X
c	Did the organization report an amount for investments – program related in Part X, line 13, that is 5% or more of its total assets reported in Part X, line 16? If 'Yes,' complete Schedule D, Part VIII	11 c		Х
c	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? If 'Yes,' complete Schedule D, Part IX.	11 d		Х
e	Did the organization report an amount for other liabilities in Part X, line 25? If 'Yes,' complete Schedule D, Part X	11 e		Χ
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? <i>If 'Yes,' complete Schedule D, Part X</i>	11 f		Х
12 a	Did the organization obtain separate, independent audited financial statements for the tax year? If 'Yes,' complete Schedule D, Parts XI and XII.	12a		X
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If 'Yes,' and if the organization answered 'No' to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		Χ
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If 'Yes,' complete Schedule E	13		X
14 a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		Χ
t	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If 'Yes,' complete Schedule F, Parts I and IV.	14b		Х
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? If 'Yes,' complete Schedule F. Parts II and IV.	15		X
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? <i>If 'Yes,' complete Schedule F, Parts III and IV</i>	16		Х
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If 'Yes,' complete Schedule G, Part I See instructions.	17		X
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If 'Yes,' complete Schedule G, Part II.	18	Х	
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If 'Yes,' complete Schedule G, Part III.	19		Х
20a	Did the organization operate one or more hospital facilities? If 'Yes,' complete Schedule H	20a		Χ
b	If 'Yes' to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? If 'Yes,' complete Schedule I, Parts I and II.	21		Х

Form 990 (2020) Sea Change Yoga Part IV Checklist of Required Schedules (continued)

			Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? If 'Yes,' complete Schedule I, Parts I and III	22		Х
23	Did the organization answer 'Yes' to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If 'Yes,' complete Schedule J.</i>	23		Х
24 8	a Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If 'Yes,' answer lines 24b through 24d and complete Schedule K. If 'No, 'go to line 25a	24a		Х
ı	big Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
(c Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		
(d Did the organization act as an 'on behalf of' issuer for bonds outstanding at any time during the year?	24d		
25 a	a Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If 'Yes,' complete Schedule L, Part I	25a		Х
ı	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If 'Yes,' complete Schedule L, Part I	25b		Х
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? <i>If 'Yes,' complete Schedule L, Part II</i>	26		Х
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? If 'Yes,' complete Schedule L, Part III.	27		Х
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions, for applicable filing thresholds, conditions, and exceptions):			
i	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If 'Yes,' complete Schedule L, Part IV.	28a		Х
ı	A family member of any individual described in line 28a? If 'Yes,' complete Schedule L, Part IV.	28b		Χ
(A 35% controlled entity of one or more individuals and/or organizations described in lines 28a or 28b? If Yes,' complete Schedule L, Part IV.	28c		Х
29	Did the organization receive more than \$25,000 in non-cash contributions? If 'Yes,' complete Schedule M	29		X
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If 'Yes,' complete Schedule M</i>	30		Х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If 'Yes,' complete Schedule N, Part I	31		X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If 'Yes,' complete Schedule N, Part II.	32		Х
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If 'Yes,' complete Schedule R, Part I	33		Х
34	Was the organization related to any tax-exempt or taxable entity? If 'Yes,' complete Schedule R, Part II, III, or IV, and Part V, line 1.	34		Х
35 a	a Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		X
ı	o If 'Yes' to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If 'Yes,' complete Schedule R, Part V, line 2	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If 'Yes,' complete Schedule R, Part V, line 2.	36		Х
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If 'Yes,' complete Schedule R, Part VI	37		Х
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O	38	Х	
Pa	rt V Statements Regarding Other IRS Filings and Tax Compliance			
	Check if Schedule O contains a response or note to any line in this Part V		Yes	. No
1:	a Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable		162	140
I	b Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable			
(c Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	1 c	X	
ВАА		Form	990 (3030

Form 990 (2020) Sea Change Yoga

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

			Yes	No
	a Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return 2a 3			
ı	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b	X	
	Note: If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)			
	a Did the organization have unrelated business gross income of \$1,000 or more during the year?	3 a		X
ı	tf 'Yes,' has it filed a Form 990-T for this year? <i>If 'No' to line 3b, provide an explanation on Schedule 0</i>	3 b		
4 8	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4 a		Х
ı	olf 'Yes,' enter the name of the foreign country►			
	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).			
	a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5 a		X
	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5 b		X
•	c If 'Yes,' to line 5a or 5b, did the organization file Form 8886-T?	5 c		
6 8	a Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions?	6 a		Х
ı	olf 'Yes,' did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6 b		
7	Organizations that may receive deductible contributions under section 170(c).			
i	a Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and			
	services provided to the payor?	7 a		X
	olf 'Yes,' did the organization notify the donor of the value of the goods or services provided?	7 b		
	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?	7 c		Х
	d If 'Yes,' indicate the number of Forms 8282 filed during the year	_		37
	e Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7 e		X
	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7 f		Λ
	g If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7 g		
-	n If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7 h		
8	Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained by the sponsoring			
	organization have excess business holdings at any time during the year?	8		
9	Sponsoring organizations maintaining donor advised funds.			
ä	a Did the sponsoring organization make any taxable distributions under section 4966?	9 a		
ı	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	9 b		
	Section 501(c)(7) organizations. Enter:			
	a Initiation fees and capital contributions included on Part VIII, line 12			
	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities 10 b			
	Section 501(c)(12) organizations. Enter:			
	a Gross income from members or shareholders			
	Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them.)	10		
	a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	12a		
	o If 'Yes,' enter the amount of tax-exempt interest received or accrued during the year			
	a Is the organization licensed to issue qualified health plans in more than one state?	13a		
•	Note: See the instructions for additional information the organization must report on Schedule O.	ısa		
	, ,			
	Denter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans			
	a Did the organization receive any payments for indoor tanning services during the tax year?	14a		Х
	b If 'Yes,' has it filed a Form 720 to report these payments? If 'No,' provide an explanation on Schedule O	14b		
	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or			
ıJ	excess parachute payment(s) during the year?	15		Х
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income?	16		Х
	If 'Yes,' complete Form 4720, Schedule O.			

Form 990 (2020) Sea Change Yoga Part VI Governance, Management, and Disclosure For each 'Yes' response to lines 2 through 7b below, and for a 'No' response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions. Check if Schedule O contains a response or note to any line in this Part VI. Section A. Governing Body and Management No Yes 1 a Enter the number of voting members of the governing body at the end of the tax year..... 10 If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain on Schedule O. **b** Enter the number of voting members included on line 1a, above, who are independent..... 2 Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other Χ 2 Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, trustees, or key employees to a management company or other person?..... 3 Χ Did the organization make any significant changes to its governing documents since the prior Form 990 was filed? Χ 4 X Did the organization become aware during the year of a significant diversion of the organization's assets?..... 5 Χ Did the organization have members or stockholders?..... 6 7 a Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?..... 7 a Χ **b** Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?..... Χ 7 b Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following: X a The governing body?.... 8 2 **b** Each committee with authority to act on behalf of the governing body?..... 8 b 9 Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If 'Yes,' provide the names and addresses on Schedule O..... 9 Χ Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.) Yes No 10 a Did the organization have local chapters, branches, or affiliates?..... 10 a Χ b If 'Yes,' did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes? 10 b 11 a Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?..... X b Describe in Schedule O the process, if any, used by the organization to review this Form 990. See Schedule O Χ 12a Did the organization have a written conflict of interest policy? If 'No,' go to line 13...... 12a b Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise 12b Χ to conflicts?.... c Did the organization regularly and consistently monitor and enforce compliance with the policy? If 'Yes,' describe in Χ Schedule O how this was done 12c 13 Did the organization have a written whistleblower policy?..... 13 Χ Χ **14** Did the organization have a written document retention and destruction policy?..... 14 Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision? X a The organization's CEO, Executive Director, or top management official...... 15 a **b** Other officers or key employees of the organization..... 15 b X If 'Yes' to line 15a or 15b, describe the process in Schedule O (see instructions). 16a Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a X taxable entity during the year?..... 16 a **b** If 'Yes,' did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the 16b organization's exempt status with respect to such arrangements?... Section C. Disclosure List the states with which a copy of this Form 990 is required to be filed > None Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (Section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply X Upon request Own website Another's website Other (explain on Schedule O) Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to 19 the public during the tax year. See Schedule O State the name, address, and telephone number of the person who possesses the organization's books and records

Sherri Morrison Lee Auto Malls 200 Maine Street Westbrook ME 04092 207-856-6685

(9) Nicole Chaison

(10) Arabella Perez

Francesca Galluccio-Steele

Director

Director

Director

(12)

(13)

(14)

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII.....

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1 a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See instructions for definition of 'key employee.'
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See instructions for the order in which to list the persons above.

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee. (C) Position (do not check more than one box, unless person is both an officer and a (A) (B) (E) (F) Name and title Reportable Reportable Average Estimated amount hours director/trustee) compensation from compensation from of other compensation from the organization the organization (W-2/1099-MISC) related organizations (W-2/1099-MISC) Officer ndividual nstitutional trustee lighest compensated ormer (list any employee hours for organizations related organiza tions helow dotted (1) Elizabeth Boyson 40 Executive Dir. 0 Χ 0 0. 58,846 (2) Melea Nalli 1.5 President Χ 0 0 0 0. (3) Thomas Shepherd 0.6 Treasurer 0 Χ 0 0 0. (4) David Rooker 0.6 Vice President 0 Χ 0 0 0. (5) Jennifer Hatch 0.5 Secretary 0 Χ 0 0. 0. 0.5 (6) Nicolas Vaccaro 0 Χ 0. 0. Director 0 0.5 (7) Anne Davis Χ 0. Director 0 0. 0. 0.5 (8) Elizabeth Jackson Director 0 Χ 0 0 0.

0.5

0

0.5 0

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Part	/II Section A. Officers, Directors, 1rt	(B)	ney		•	_	es,	anc	a nignest con	ipensated Emp	loyees ((continuea)
	400				(C	•			(D)	(E)	,	- \
	(A) Name and title	Average hours	hours box, unless person is both an Re						(D) Reportable	(E) Reportable		F)
	Name and the	per week (list any	L-						compensation from the organization (W-2/1099-MISC)	compensation from related organizations (W-2/1099-MISC)	of c	d amount other ation from
		hours	Individual trustee or director	nstitutional trustee	Officer	Key employee	lighe: mplo	Former	(W-2/1099-MISC)	(W-2/1099-MISC)	the orga	anization elated
		related organiza	ector	tions	74	mplc	st co yee	약				zations
		- tions below	trust	in the		yee	mper					
		dotted line)	ee	stee			Highest compensated employee					
(1E)							<u> </u>					
<u>(15)</u>			•									
(16)												
(17)												
(19)												
(10)			•									
(19)												
(20)												
(21)												
			•									
(22)												
(23)												
<u></u>			•									
(24)												
(2E)												
(25)												
1 b Sı	ubtotal							>	58,846.	0.		0.
	otal from continuation sheets to Part VII, Section							>	0.	0.		0.
	otal (add lines 1b and 1c)tal number of individuals (including but not limited							<u>vod</u>	58,846.	0.	oncation	0.
	om the organization ► 0	to those i	isteu	abuv	ve) v	WIIO	recer	veu	more than \$100,00	o or reportable comp	ensalion	
	·										١	res No
3 Di	d the organization list any former officer, direc	tor, truste	e, ke	ey er	mple	oyee	e, or	high	nest compensated	employee		.,
	line 1a? If 'Yes,' compléte Schedule J for suc										. 3	X
4 Fo	or any individual listed on line 1a, is the sum of e organization and related organizations greate	reportab er than \$1	le co 50,00	mpe 30?	ensa If '}	ition <i>(es,</i>	and com	oth <i>ple</i>	er compensation te Schedule J for	from		
	ıch individual										. 4	X
5 Di fo	d any person listed on line 1a receive or accruing r services rendered to the organization? If 'Yes	e compen s,' comple	isatio e <i>te Sc</i>	n fro chea	om Iule	any <i>J fo</i>	unre <i>r suc</i>	late ch p	ed organization or erson	individual	. 5	Х
	on B. Independent Contractors									\$100.000 (
CO	omplete this table for your five highest compen- mpensation from the organization. Report compen	sated inde sation for	epen the c	deni alen	dar <u>j</u>	ntra year	endii	tna ng v	vith or within the or	nan \$100,000 of ganization's tax year		
	(A) Name and business addi	race							(B) Description (of services	(C) Compens	sation
	Traine and business addi								Description	or services	Compens	341011
-	-											
2 To	otal number of independent contractors (including b	out not limi	ited to) the	ا مع	lister	laho	VE)	who received more	than		
	00,000 of compensation from the organization		itou ll	ט נוונ	/JU 1	113656		voj	who received more	uidii		
=		<u> </u>										00 (2020)

Form 990 (2020) Sea Change Yoga Part VIII Statement of Revenue

		Check if Schedule O contains a response or note to any	line in this Part V	III		
			(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514
Contributions, Gifts, Grants and Other Similar Amounts	b c d e f	Federated campaigns				
nd (h	lines 1a-1f	100 021			
ne a		Business Code	188,031.			
»,eu	2 a	Yoqa Classes 713940	20,329.	20,329.		
Program Service Revenue	b c d e					
rogı		All other program service revenue	20 220			
Д	3	Investment income (including dividends, interest, and other similar amounts)	20,329.			
	4 5	Income from investment of tax-exempt bond proceeds Royalties				
	b c	Gross rents				
	d	Net rental income or (loss)				
		Gross amount from sales of assets other than inventory Less: cost or other basis and sales expenses 7b				
		Gain or (loss) 7c Net gain or (loss) ►				
Other Revenue	8 a	Gross income from fundraising events (not including \$ 47,122. of contributions reported on line 1c). See Part IV, line 18				
her		Less: direct expenses 8b 7,273.				
ರ		Net income or (loss) from fundraising events	-4,396.			
		Gross income from gaming activities. See Part IV, line 19				
		Net income or (loss) from gaming activities				
	10 a	Gross sales of inventory, less returns and allowances				
		Less: cost of goods sold Net income or (loss) from sales of inventory				
<u>. </u>	·	Business Code				
و ک	11 a					
	b					
Miscellaneous Revenue	C	All other revenue				
<u>Σ</u>		Total. Add lines 11a-11d				
		Total revenue. See instructions.	203,964.	20,329.	0.	0.
					U •	

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

	Check if Schedule O contains a r			(C)	
Do i 6b,	not include amounts reported on lines 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2	Grants and other assistance to domestic individuals. See Part IV, line 22				
3	Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16				
4 5	Benefits paid to or for members	F0 077	0	F0 077	0
6	Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)	58,877. 0.	0.	58,877.	0.
7	Other salaries and wages	25,844.	24,844.	0.	1,000.
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	23,044.	24,044.		1,000.
9	Other employee benefits	834.		834.	
10	Payroll taxes	6,482.	1,901.	4,504.	77.
11	Fees for services (nonemployees):	,	,	,	-
a	Management				
Ł	Legal				
(: Accounting	11,533.		11,533.	
	Lobbying	11,0001		11,000.	
	Professional fundraising services. See Part IV, line 17				
f	Investment management fees				
g	Other. (If line 11g amount exceeds 10% of line 25, column				
12	(A) amount, list line 11g expenses on Schedule 0.) Advertising and promotion	1 007	30.	690.	1 107
13	Office expenses	1,907. 5,486.	726.	1,976.	1,187. 2,784.
14	Information technology	2,702.	132.	840.	1,730.
15	Royalties.	2,702.	132.	040.	1,730.
16	Occupancy	250.	250.		
17	Travel	20.	250.	20	
	Payments of travel or entertainment	20.		20.	
10	expenses for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	2,716.	2,547.	75.	94.
20	Interest	13.		13.	
21	Payments to affiliates				
22	Depreciation, depletion, and amortization				
23	Insurance	1,090.		1,090.	
24	Other expenses. Itemize expenses not covered above (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a	Contracted Yoga Teachers	31,553.	31,553.		
	Administrative Expenses	3,492.	2,987.	505.	
	Other Misc Expenses	2,431.	1,458.	2.00	973.
	Alloc of Off/Tech/Accounting	_,,	7,413.	-7,544.	131.
	All other expenses		,	, = = = -	
	Total functional expenses. Add lines 1 through 24e	155,230.	73,841.	73,413.	7,976.
	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here ► ☐ if following SOP 98-2 (ASC 958-720)		·	·	·

		Check if Schedule O contains a response or note to	o any line in this Part X	<u></u>	<u></u> .	<u></u>
				(A) Beginning of year		(B) End of year
	1	Cash – non-interest-bearing		141,508.	1	204,152.
	2	Savings and temporary cash investments		2		
	3	Pledges and grants receivable, net			3	
	4	Accounts receivable, net			4	
	5	Loans and other receivables from any current or form trustee, key employee, creator or founder, substantial controlled entity or family member of any of these pe				
		controlled entity or family member of any of these pe		5		
	6	Loans and other receivables from other disqualified p section 4958(f)(1)), and persons described in section		6		
	7	Notes and loans receivable, net			7	
Ø	8	Inventories for sale or use	-		8	
Assets	9	Prepaid expenses and deferred charges	_		9	
As		Land, buildings, and equipment: cost or other basis.	1 I I			
					10 -	
		Less: accumulated depreciation.			10 c	
	11	Investments — publicly traded securities			12	
	12	Investments – other securities. See Part IV, line 11.			13	
	13	Investments – program-related. See Part IV, line 11. Intangible assets	F		14	
	14	Other assets. See Part IV, line 11		15		
	15	Total assets. Add lines 1 through 15 (must equal line	 	141,508.	16	204 152
	16	Total assets. Add lines I tillough 15 (must equal line	33)	141,500.	10	204,152.
	17	Accounts payable and accrued expenses			17	
	18	Grants payable	ш		18	
	19	Deferred revenue	<u> </u>		19	13,910.
_	20	Tax-exempt bond liabilities	<u> </u>		20	
ies	21	Escrow or custodial account liability. Complete Part	ш		21	
Liabilities	22	Loans and other payables to any current or former of key employee, creator or founder, substantial contribu- controlled entity or family member of any of these pe	ficer, director, trustee, utor, or 35%		22	
コ	23	Secured mortgages and notes payable to unrelated the	_		23	
	24	Unsecured notes and loans payable to unrelated third	·		24	
	25	Other liabilities (including federal income tax, payable and other liabilities not included on lines 17-24). Com	' <u>L</u>		25	
	26	Total liabilities. Add lines 17 through 25		0.	26	13,910.
S		Organizations that follow FASB ASC 958, check here		<u> </u>		
2		and complete lines 27, 28, 32, and 33.				
ala	27	Net assets without donor restrictions		132,234.	27	190,092.
ä	28	Net assets with donor restrictions		9,274.	28	150.
Net Assets or Fund Balance		Organizations that do not follow FASB ASC 958, che and complete lines 29 through 33.	eck here ►			
ō	29	Capital stock or trust principal, or current funds		29		
ets	30	Paid-in or capital surplus, or land, building, or equipm		30		
SS	31	Retained earnings, endowment, accumulated income	, or other funds		31	
t A	32	Total net assets or fund balances		141,508.	32	190,242.
ž	33	Total liabilities and net assets/fund balances		141,508.	33	204,152.
BA	A		TEEA0111L 10/07/20			Form 990 (2020)

Pa	rt XI Reconciliation of Net Assets				
	Check if Schedule O contains a response or note to any line in this Part XI.				
1	Total revenue (must equal Part VIII, column (A), line 12)	1	2	03,9	964.
2	Total expenses (must equal Part IX, column (A), line 25)	2		55,2	
3	Revenue less expenses. Subtract line 2 from line 1	3		48,7	
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	1	41,5	08.
5	Net unrealized gains (losses) on investments	5			
6	Donated services and use of facilities	6			
7	Investment expenses	7			
8	Prior period adjustments	8			
9	Other changes in net assets or fund balances (explain on Schedule O).	9			0.
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32, column (B))	10	1	90,2	242
Pa	rt XII Financial Statements and Reporting			30,2	
	Check if Schedule O contains a response or note to any line in this Part XII				
	Check it Schedule S contains a response of note to any line in this rack XII			Yes	
1	Accounting method used to prepare the Form 990: X Cash Accrual Other			163	140
	If the organization changed its method of accounting from a prior year or checked 'Other,' explain in Schedule O.				
2	a Were the organization's financial statements compiled or reviewed by an independent accountant?		2a		Х
	If 'Yes,' check a box below to indicate whether the financial statements for the year were compiled or reviewed separate basis, consolidated basis, or both: Separate basis Consolidated basis Both consolidated and separate basis	ed on a			
	b Were the organization's financial statements audited by an independent accountant?		2 b		Χ
	If 'Yes,' check a box below to indicate whether the financial statements for the year were audited on a separa basis, consolidated basis, or both: Separate basis Consolidated basis Both consolidated and separate basis	te			
	c If 'Yes' to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant?		2 c		
	If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.				
3	a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?		3 a		Х
	b If 'Yes,' did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why on Schedule O and describe any steps taken to undergo such audits				
BAA	TEEA0112L 10/19/20		Forn	1 990 ((2020)

SCHEDULE A (Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

► Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2020

Open to Public Inspection

Name o	Name of the organization Employer identification number											
	Sea Change Yoga 81-3547718											
		Reason for Public Cha						ctions.				
The c 1 2	7 to state of the											
3		A hospital or a cooperative hospital service organization described in section 170(b)(1)(A)(iii).										
4		A medical research organization operated in conjunction with a hospital described in section 170(b)(1)(A)(iii). Enter the hospital's name, city, and state:										
5		An organization operated for the benefit of a college or university owned or operated by a governmental unit described in section 170(b)(1)(A)(iv). (Complete Part II.)										
6		A federal, state, or local gov	ernment or governme	ental unit described in s	ection 1	70(b)(1)	(A)(v).					
7		An organization that normally r in section 170(b)(1)(A)(vi).	eceives a substantial p Complete Part II.)	art of its support from a	governm	ental uni	it or from the general pu	blic described				
8		A community trust described	in section 170(b)(1)(A)(vi). (Complete Part I	l.)							
9		An agricultural research organi or university or a non-land-grauuniversity:	nt college of agriculture		the nan	ne, city,						
10	X	An organization that normall from activities related to its investment income and unre June 30, 1975. See section!	exempt functions, sub lated business taxable	eject to certain exception income (less section)	ns: and	(2) no r	more than 33-1/3% of	its support from gross				
11		An organization organized ar	nd operated exclusive	ly to test for public safe	ety. See	section	1 509(a)(4).					
12 a		An organization organized at or more publicly supported o lines 12a through 12d that de	rganizations describe escribes the type of si	d in section 509(a)(1) oupporting organization	or sectio and com	n 509(a) iplete lii)(2). See section 509(a nes 12e, 12f, and 12g.	a)(3). Check the box in				
u		Type I. A supporting organization organization (s) the power to recomplete Part IV, Sections A	gularly appoint or elect A and B.	a majority of the directo	rs or trus	stees of t	the supporting organizat	ion. You must				
b		Type II. A supporting organize management of the supporting must complete Part IV, Section 10.	organization vested in	ontrolled in connection the same persons that c	with its ontrol or	support manage	ted organization(s), by the supported organiza	having control or tion(s). You				
С		Type III functionally integrated	. A supporting organizat	ion operated in connectio	n with, aı	nd functio	onally integrated with, its	supported				
d		organization(s) (see instructi	ons). You must comp rated. A supporting org	olete Part IV, Sections A anization operated in cor	A, D, an nnection	d E. with its s	supported organization(s	s) that is not				
е		functionally integrated. The constructions). You must com Check this box if the organiz	ation received a writte	en determination from	the IRS							
f	Er	integrated, or Type III non-funter the number of supported of	inctionally integrated increased in the contractions and the contractions are contracted in the contractions and the contractions are contracted in the contractions are contracted in the contr	supporting organization	1. 							
	(i) Na	ovide the following informationame of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	in your g	s the tion listed loverning ment?	(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)				
					Yes	No						
(A)												
(B)												
(C)												
(D)												
<u>(E)</u>	E)											
Total												

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Sec	tion A. Public Support		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		,		
Cale	ndar year (or fiscal year nning in) ►	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
	Gifts, grants, contributions, and membership fees received. (Do not include any 'unusual grants.').						
	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf.						
3	The value of services or facilities furnished by a governmental unit to the organization without charge						
4	Total. Add lines 1 through 3						
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6	Public support. Subtract line 5 from line 4						
Sec	tion B. Total Support			_			
Cale begi	ndar year (or fiscal year nning in) ►	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
7	Amounts from line 4						
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources						
9	Net income from unrelated business activities, whether or not the business is regularly carried on						
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.).						
11	Total support. Add lines 7 through 10						
12	Gross receipts from related activ	ities, etc. (see in	structions)				
13	First 5 years. If the Form 990 is a organization, check this box and	for the organization	on's first, second	, third, fourth, or f	ifth tax year as a	section 501(c)(3)	▶ □
Sec	tion C. Computation of Pul	olic Support P	ercentage				
	Public support percentage for 20	•			•		%
15	Public support percentage from 2	2019 Schedule A,	Part II, line 14.			15	%
16a	33-1/3% support test—2020. If the and stop here. The organization	ne organization d qualifies as a pul	id not check the I blicly supported o	oox on line 13, and organization	d line 14 is 33-1/3	3% or more, check	this box
b	33-1/3% support test—2019. If th and stop here. The organization	e organization die qualifies as a pu	d not check a box blicly supported o	on line 13 or 16a organization	a, and line 15 is 3	3-1/3% or more, ch	neck this box
17a	10%-facts-and-circumstances te or more, and if the organization the organization meets the facts-	meets the facts-a	nd-circumstance	s test, check this b	pox and stop here	e. Explain in Part V	'l how
b	10%-facts-and-circumstances te or more, and if the organization organization meets the 'facts-and	meets the facts-a	nd-circumstances	s test, check this b	box and stop here	e. Explain in Part V	'I how the
18	Private foundation. If the organiz	zation did not che	eck a box on line	13, 16a, 16b, 17a	, or 17b, check th	is box and see inst	ructions ►

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	tion A. Public Support						
Calend	lar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any 'unusual grants.')	17,956.	115,245.	122,758.	136,879.	140,909.	533,747.
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose.	535.	10,781.	28,460.	29,069.	20,329.	89,174.
3	Gross receipts from activities that are not an unrelated trade or business under section 513.	333.	10,701.	20,400.	23,003.	20,323.	0.
	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						0.
	The value of services or facilities furnished by a governmental unit to the organization without charge						0.
	Total. Add lines 1 through 5 Amounts included on lines 1, 2, and 3 received from disqualified persons	18,491.	126,026.	151,218.	165,948.	161,238.	622,921.
b	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year.	0.	0.	0.	0.	0.	0.
c	Add lines 7a and 7b	0.	0.	0.	0.	0.	0.
8	Public support. (Subtract line 7c from line 6.)	0.	0.	0.	0.	0.	622,921.
Sec	tion B. Total Support						
	dar year (or fiscal year beginning in) ►	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
	Amounts from line 6	18,491.	126,026.	151,218.	165,948.	161,238.	622,921.
	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources						0.
-	Add lines 10a and 10b	0.	0.	0.	0.	0.	0.
11	Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						0.
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) See Part VI.			2,675.	45,485.	47,122.	95,282.
	Total support. (Add lines 9, 10c, 11, and 12.)	18,491.	126,026.	153,893.	211,433.	208,360.	718,203.
14	First 5 years. If the Form 990 is to organization, check this box and					section 501(c)(3)	▶ 🔲
Sec	tion C. Computation of Pul	olic Support Po	ercentage				
	Public support percentage for 20	•	•				86.73 %
	Public support percentage from 2					16	0.00 %
	tion D. Computation of Inv						
	Investment income percentage for	•	• •	-			0.00 %
	Investment income percentage fr						0.00 %
19a	33-1/3% support tests—2020. If t is not more than 33-1/3%, check	he organization di this box and stop	d not check the be here. The organize	ox on line 14, an zation qualifies a	d line 15 is more is a publicly suppo	than 33-1/3%, and orted organization	d line 17 ► X
	33-1/3% support tests—2019. If t line 18 is not more than 33-1/3%	, check this box a	nd stop here. The	organization qua	alifies as a publicl	y supported organ	ization ►
20	Private foundation. If the organiz	zation did not ched	ck a box on line 14	4, 19a, or 19b, cl	heck this box and	see instructions	▶ ∐

Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

			Yes	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents? If 'No,' describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.	1		
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If 'Yes,' explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).	2		
За	Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If 'Yes,' answer lines 3b and 3c below.	3a		
b	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If 'Yes,' describe in Part VI when and how the organization made the determination.	3b		
С	Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If 'Yes,' explain in Part VI what controls the organization put in place to ensure such use.	3c		
4a	Was any supported organization not organized in the United States ('foreign supported organization')? If 'Yes' and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.	4a		
b	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If 'Yes,' describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.	4b		
С	Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If 'Yes,' explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.	4c		
5a	Did the organization add, substitute, or remove any supported organizations during the tax year? If 'Yes,' answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was			
b	accomplished (such as by amendment to the organizing document). Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the	5a		
•	organization's organizing document?	5b		
	Substitutions only. Was the substitution the result of an event beyond the organization's control?	5c		
6	Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If 'Yes,' provide detail in Part VI.</i>	6		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If 'Yes,' complete Part I of Schedule L (Form 990 or 990-EZ).	7		
8	· · · · · · · · · · · · · · · · · · ·	,		
	complete Part I of Schedule L (Form 990 or 990-EZ).	8		
9a	Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If 'Yes,' provide detail in Part VI .	9a		
b	Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If 'Yes,' provide detail in Part VI.	9b		
С	Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If 'Yes,' provide detail in Part VI.	9с		
0a	Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations)? If 'Yes,' answer line 10b below.	10a		
b	Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.).	10b		

Pa	art IV Supporting Organizations (continued)			
11	Has the organization accepted a gift or contribution from any of the following persons?		Yes	No
	a A person who directly or indirectly controls, either alone or together with persons described in lines 11b and 11c below,			
	the governing body of a supported organization?	11a		
	b A family member of a person described in line 11a above?	11b		
	c A 35% controlled entity of a person described in line 11a or 11b above? If 'Yes' to line 11a, 11b, or 11c, provide detail in Part VI.	11c		
Sec	ection B. Type I Supporting Organizations		1	
1	1. Did the governing hady members of the governing hady officers eating in their official conseity or membership of a	no	Yes	No
ı	1 Did the governing body, members of the governing body, officers acting in their official capacity, or membership of common supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers, directors, or trustees at all times during the tax year? If 'No,' describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more supported organization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such power.	ore		
	during the tax year.	1		
2	2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If 'Yes,' explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.	2		
Sec	ection C. Type II Supporting Organizations			
			Yes	No
1	1 Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If 'No,' describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).	e 1		
Sec	ection D. All Type III Supporting Organizations			
			Yes	No
1	organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the			
	organization's governing documents in effect on the date of notification, to the extent not previously provided?	1		
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? If 'No,' explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).	2		
3	3 By reason of the relationship described in line 2, above, did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If 'Yes,' describe in Part VI the role the organization's supported organizations played in this regard.	3		
Sec	ection E. Type III Functionally Integrated Supporting Organizations	I	1	
1	1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions	-1		
	a The organization satisfied the Activities Test. Complete line 2 below.	·/·		
	b The organization is the parent of each of its supported organizations. <i>Complete line 3 below.</i>			
		(coo instr	uotion	c)
	c I The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity	(See IIISti	uction.	3).
2	2 Activities Test. Answer lines 2a and 2b below.		Yes	No
i	a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If 'Yes,' then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted	20		
	substantially all of its activities.	2a		
	b Did the activities described in line 2a, above, constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If 'Yes,' explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.	2b		
3	3 Parent of Supported Organizations. <i>Answer lines 3a and 3b below.</i>			
i	a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? <i>If 'Yes' or 'No,' provide details in Part VI.</i>	3a		
	b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? <i>If 'Yes,' describe in Part VI the role played by the organization in this regard.</i>	3b		

Pa	rt V Type III Non-Functionally Integrated 509(a)(3) Supporting Orga	anizati	ions	
1	Check here if the organization satisfied the Integral Part Test as a qualifying trus instructions. All other Type III non-functionally integrated supporting organization	t on No ns mus	v. 20, 1970 (explain in t complete Sections A	n Part VI). See through E.
Sec	tion A – Adjusted Net Income	(A) Prior Year	(B) Current Year (optional)	
1	Net short-term capital gain	1		
2	Recoveries of prior-year distributions	2		
3	Other gross income (see instructions)	3		
4	Add lines 1 through 3.	4		
5	Depreciation and depletion	5		
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6		
7	Other expenses (see instructions)	7		
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8		
Sec	tion B — Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):			
ā	Average monthly value of securities	1a		
	Average monthly cash balances	1b		
(Fair market value of other non-exempt-use assets	1c		
	Total (add lines 1a, 1b, and 1c)	1d		
-	Discount claimed for blockage or other factors (explain in detail in Part VI):			
2	Acquisition indebtedness applicable to non-exempt-use assets	2		
3	Subtract line 2 from line 1d.	3		
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4		
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6	Multiply line 5 by 0.035.	6		
7	Recoveries of prior-year distributions	7		
8	Minimum Asset Amount (add line 7 to line 6)	8		
Sec	tion C — Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, column A)	1		
2	Enter 0.85 of line 1.	2		
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3		
4	Enter greater of line 2 or line 3.	4		
5	Income tax imposed in prior year	5		
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6		
7	Check here if the current year is the organization's first as a non-functionally inte (see instructions).	egrated	Type III supporting or	ganization

Schedule A (Form 990 or 990-EZ) 2020

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in Part VI). See instructions.

10 Line 8 amount divided by line 9 amount

9 Distributable amount for 2020 from Section C, line 6

Pa	Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)						
Sec	ection D – Distributions						
1	Amounts paid to supported organizations to accomplish exempt purposes 1						
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	2					
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	3					
4	Amounts paid to acquire exempt-use assets	4					
5	Qualified set-aside amounts (prior IRS approval required – provide details in Part VI)	5					
6	Other distributions (describe in Part VI). See instructions.	6					
7	Total annual distributions. Add lines 1 through 6.	7					
Ω	Distributions to attentive supported organizations to which the organization is responsive (provide details						

Section E — Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2020	(iii) Distributable Amount for 2020
1 Distributable amount for 2020 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2020 (reasonable cause required — explain in Part VI). See instructions.			
3 Excess distributions carryover, if any, to 2020			
a From 2015			
b From 2016			
c From 2017			
d From 2018			
e From 2019			
f Total of lines 3a through 3e			
g Applied to underdistributions of prior years			
h Applied to 2020 distributable amount			
i Carryover from 2015 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from line 3f.			
4 Distributions for 2020 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
b Applied to 2020 distributable amount			
c Remainder. Subtract lines 4a and 4b from line 4.			
5 Remaining underdistributions for years prior to 2020, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in Part VI. See instructions.			
6 Remaining underdistributions for 2020. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in Part VI . See instructions.			
7 Excess distributions carryover to 2021. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2016			
b Excess from 2017			
c Excess from 2018			
d Excess from 2019			
e Excess from 2020			
DAA		Calaadada A /Ea	000 000 EZ\ 200

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Schedule A (Form 990 or 990-EZ) 2020

Part VI

Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)

Part III, Line 12 - Other Income

Nature and Source		2020	_	2019		2018	 2017	 2016
Fundraising Events Total	\$ \$	47,122. 47,122.	\$ \$	45,485. 45,485.	\$ \$	2,675. 2,675.	\$ 0.	\$ 0.

Schedule B

(Form 990, 990-EZ, or 990-PF) Department of the Treasury Internal Revenue Service

Name of the organization

Schedule of Contributors

► Attach to Form 990, Form 990-EZ, or Form 990-PF. ► Go to www.irs.gov/Form990 for the latest information. OMB No. 1545-0047

2020

Employer identification number

Sea C	hange Yoga	81-3547718
Organiza	ation type (check one)	
Filers of	:	Section:
Form 99	0 or 990-EZ	X 501(c)(3) (enter number) organization
		4947(a)(1) nonexempt charitable trust not treated as a private foundation
		527 political organization
Form 99	0-PF	501(c)(3) exempt private foundation
		4947(a)(1) nonexempt charitable trust treated as a private foundation
		501(c)(3) taxable private foundation
•	•	ed by the General Rule or a Special Rule . (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.
General	Rule	
X		ng Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money ne contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.
Special I	Rules	
	under sections 509(a)(received from any or	escribed in section 501(c)(3) filing Form 990 or 990-EZ that met the 33-1/3% support test of the regulations I) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that e contributor, during the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) ine 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.
	during the year, total	escribed in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, contributions of more than \$1,000 <i>exclusively</i> for religious, charitable, scientific, literary, or educational prevention of cruelty to children or animals. Complete Parts I (entering 'N/A' in column (b) instead of the address), II, and III.
	during the year, cont \$1,000. If this box is charitable, etc., purp	escribed in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, ibutions exclusively for religious, charitable, etc., purposes, but no such contributions totaled more than checked, enter here the total contributions that were received during the year for an exclusively religious, ose. Don't complete any of the parts unless the General Rule applies to this organization because ively religious, charitable, etc., contributions totaling \$5,000 or more during the year.
990-PF),	but it must answer 'N	sn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or o' on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, oesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

1

Employer identification number

Sea Change Yoga

Name of organization

BAA

81-3547718

Schedule B (Form 990, 990-EZ, or 990-PF) (2020)

Part II	Noncash Property	(see instructions). Use duplicate copies of Part II if additional sp	oace	e is needed.	
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
	N/A				
			\$_		
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
			\$_		
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
			\$		
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
			\$		
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
			_		
			\$		
(a) No. from Part I		(b) Description of noncash property given		(c) FMV (or estimate) (See instructions.)	(d) Date received
			\$		

Employer identification number Sea Change Yoga 81-3547718 Part III Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and

	the following line entry. For organizations of contributions of \$1,000 or less for the year. Use duplicate copies of Part III if additional	ompleting Part III, enter the tota (Enter this information once. S	al of <i>exclusive</i>	ely religious, charitable, etc.,				
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift		(d) Description of how gift is held				
	N/A							
	(e) Transfer of gift							
	Transferee's name, addres	Relationship of transferor to transferee						
(a) No. from	(b) Purpose of gift	(c) Use of gift		(d) Description of how gift is held				
Part I								
	(e) Transfer of gift							
		s, and ZIP + 4	Rela	tionship of transferor to transferee				
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift		(d) Description of how gift is held				
	(e) Transfer of gift							
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee					
(a) No. from Part I	(b) Purpose of gift	(b) Purpose of gift (c) Use of gift		(d) Description of how gift is held				
	Transferee's name, addres	t Relationship of transferor to transferee						

SCHEDULE G (Form 990 or 990-EZ)

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered 'Yes' on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public

Department of the Treasury Internal Revenue Service Inspection Name of the organization Employer identification number 81-3547718 Sea Change Yoga **Fundraising Activities.** Complete if the organization answered 'Yes' on Form 990, Part IV, line 17. Form 990-EZ filers are not required to complete this part. Indicate whether the organization raised funds through any of the following activities. Check all that apply. X Mail solicitations e X Solicitation of non-government grants Internet and email solicitations Solicitation of government grants Phone solicitations Special fundraising events X In-person solicitations 2 a Did the organization have a written or oral agreement with any individual (including officers, directors, trustees, or key **b** If 'Yes,' list the 10 highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least \$5,000 by the organization. (v) Amount paid to (vi) Amount paid to (iii) Did fundraiser (i) Name and address of individual (iv) Gross receipts (or retained by) (ii) Activity (or retained by) or entity (fundraiser) have custody or control of contributions? from activity fundraiser listed in organization column (i) Yes No 1 2 3 5 6 7 9 10 Total. 0. List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

Sche	dule	G (Form 990 or 990-EZ) 2020 Sea Cha	nge Yoga		81-354	47718 Page 2
		Fundraising Events. Complete if the more than \$15,000 of fundraising List events with gross receipts great the second sec	he organization ar event contributions	nswered 'Yes' on Fo s and gross income	orm 990, Part IV, li	ne 18, or reported
ē			(a) Event #1 Yogathon (event type)	(b) Event #2	(c) Other events None (total number)	(d) Total events (add column (a) through column (c))
Revenue	1	Gross receipts	49,378.			49,378.
ď	2	Less: Contributions	47,122.			47,122.
	3	Gross income (line 1 minus line 2)	2,256.			2,256.
ses	4	Cash prizes				
	5	Noncash prizes				
	6	Rent/facility costs				
Direct Expenses	7	Food and beverages				
rect	8	Entertainment				
Ճ	9	Other direct expenses	7,273.			7,273.
Par	10 11 t III	1 Net income summary. Subtract line 10 from line 3, column (d)				
Revenue			(a) Bingo	(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add column (a) through column (c))
	1	Gross revenue				
ses	2	Cash prizes				
Expenses	3	Noncash prizes				
Direct E	4	Rent/facility costs				
	5	Other direct expenses				
	6	Volunteer labor	Yes% No	Yes%	Yes%	
	7	Direct expense summary. Add lines 2 thre	ough 5 in column (d)			
	8	Net gaming income summary. Subtract li	ne 7 from line 1, colum	ın (d)		
9		er the state(s) in which the organization co				
		ne organization licensed to conduct gaming lo,' explain:	activities in each of th	nese states?		Yes No

b If 'Yes,' explain:

10 a Were any of the organization's gaming licenses revoked, suspended, or terminated during the tax year?.....

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	Does the organization conduct gaming activities with nonmembers?		Yes	No
12	Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed to administer charitable gaming?		Yes	No
13	Indicate the percentage of gaming activity conducted in:			
	a The organization's facility.	13 a		્ર
	b An outside facility.			%
	Enter the name and address of the person who prepares the organization's gaming/special events books and records			70
	Name ►		. _	
	Address ►			
ı	a Does the organization have a contract with a third party from whom the organization receives gaming revenue b If 'Yes,' enter the amount of gaming revenue received by the organization	ne amount	t	No
	Name ►Address ►			-
16	Gaming manager information:			
	Name ►			
	Gaming manager compensation ► \$			
	Description of services provided			
	□ Director/officer □ Employee □ Independent contractor			
17	Mandatory distributions:			
,	a Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the			
	state gaming license?		. Yes	No
ı	b Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in	the		·
	organization's own exempt activities during the tax year ► \$			
Pa	rt IV Supplemental Information. Provide the explanations required by Part I, line 2b, co	lumns (i	ii) and (v);
	and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide an information. See instructions.	y additio	onai	
	mornation. See instructions.			

SCHEDULE 0 (Form 990 or 990-EZ)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or 990-EZ. ► Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

Open to Public Inspection

81-3547718

Department of the Treasury Internal Revenue Service Name of the organization

Sea Change Yoga

Employer identification number

Form 990, Part III, Line 1 - Organization Mission

SeaChange Yoga partners with other social service organizations and brings the therapeutic practices of trauma informed yoga and meditation to underserved populations including people in recovery, the incarcerated, homeless and veterans. We offer people the tools of emotional regulation and interoceptive awareness.

Form 990, Part VI, Line 11b - Form 990 Review Process

No review was or will be conducted.

Form 990, Part VI, Line 19 - Other Organization Documents Publicly Available

No other documents available to the public.

Form 990

Form 990 was rigorously reviewed with select members of the board and accountant preparing the tax return for accuracy, changes were made, and Form 990 received final approval prior to filing. The board is responsive to inquiries throughout the year.