



## YOGA TEACHER TRAINING SCHOLARSHIP APPLICATION sponsored by Sea Change Yoga

Thank you for taking the time to complete this application. We estimate it will take 45- 75 minutes to complete.

If you would like to fill out your application over the phone or in another way please let us know by calling or texting (207) 200-5130, or emailing [info@seachangeyoga.org](mailto:info@seachangeyoga.org).

The deadline for applications is June 15, 2023 at midnight. Once applications have been reviewed, in-person interviews will be conducted for selected candidates. All recipients will be notified by July 15 of their final application status.

All applications will be reviewed and considered based on:

- Your shared motivation for entering into this process
- What you've communicated about your self mentoring skills & openness to being mentored by a SCY Affiliated teacher
- What you share is happening in life right now and how this Yoga Teacher Training could fit in

Next Step:

- You will be contacting to schedule an in person interview

[elise@seachangeyoga.org](mailto:elise@seachangeyoga.org) [Switch account](#)



\* Indicates required question

Email \*

Your email

NAME \*

Your answer

Phone Number \*

Your answer

Which scholarship are you applying for? \*

- a former/current Sea Change Yoga student or Community Member identifying as Black, Indigenous, or a Person of Color (BIPOC)
- a former/current Sea Change Yoga student or Community Member who reflects our student population
- BOTH

What is your affiliation with Sea Change Yoga? \*

- Former Student
- Current Student
- Community Member
- Other: \_\_\_\_\_

If you are a current or former Sea Change Yoga student, where did you practice? Who was your teacher?

Your answer

What has being a student of yoga offered you? If you are not currently practicing, what interest draws you to learning more? \*

Your answer

Why would you like to take a Yoga Teacher Training? Why do you want to become a Yoga Teacher? \*

Your answer

Who do you want to reach with the skills you learn from this teacher training? \*

Your answer

After completing the training what is your hope? \*

- Teach for Sea Change Yoga/ be part of the SCY community
- Give back to the my community
- Other: \_\_\_\_\_

### Self Mentoring & Community Mentoring \*

A big part of stepping into any training like a 200 hour Yoga Teacher Training is being able to support yourself and be supported along the way.

The following questions help us get to know a little more about your readiness for taking something like this on as well as give us a sense of the kind of community support Sea Change Yoga can provide for you as you travel through this learning journey.

What is going on in your life right now? How would you balance life & a 200 hour Yoga Teacher Training?

Your answer

What does your current support system look like right now? \*

Your answer

What do you do currently to take care of yourself? \*

Your answer

How do you process when you learn something new? \*

Your answer

If you were to work with a Sea Change affiliated teacher mentor, what would you need most from them? \*

Your answer

Tell us a little more about what having support would look like for you. \*

Your answer

How do you feel you communicate best? \*

- face to face
- text / messenger apps
- email
- phone call
- video call
- Other: \_\_\_\_\_

What do you feel will be your biggest challenge/ what might get in the way entering into a 200 hour Yoga Teacher Training? \*

Your answer

What do you feel is your greatest strength entering into a 200 hour Yoga Teacher Training? \*

Your answer

Anything else you would like for us to know about you?

Your answer

Send me a copy of my responses.

Submit

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